

## Pastoral Counselling

(Source: [www.oscar.org.uk/service/pastoral/counselling.htm](http://www.oscar.org.uk/service/pastoral/counselling.htm))

Information on those who can offer professional counselling services.

### Mission counselling services

#### HealthLink360

Provides occupational health care services for global workers and their families. Our services include medical and psychological assessment prior to leaving, emergency advice and support whilst on location, medical and psychological review on home leave as well as on final return. In addition to a regular travel clinic, we offer general counselling, critical incident debrief, either on location or at Carberry as well as a specialised treatment (EMDR) for post traumatic stress disorder (PTSD).  
Website: [www.healthlink360.org](http://www.healthlink360.org)  
Email: [admin@healthlink360.org](mailto:admin@healthlink360.org)  
Tel: 0131 653 6767

#### Interhealth, London

A Christian, specialist health charity providing medical & psychological health services to organisations working in the church, mission and development sectors. We are an occupational health advisor to many charities & large churches, helping them provide the best care for their staff, ensuring that individuals feel supported in their Christian Mission. If you have any questions or would like to request an enquiry pack, one of our reception services and client support team will be happy to help.  
Website: [www.interhealth.org.uk](http://www.interhealth.org.uk)  
Email: [info@interhealth.org.uk](mailto:info@interhealth.org.uk)  
Tel: 020 7902 9000

#### Re-entry & Debriefing @ Redcliffe, Gloucester

Sue Ingleby of Redcliffe College offers Debriefing and Counselling services for anyone returning from the field. She has a Diploma in Counselling and 9 years experience, and has recently been accredited by the British Association of Counselling and Psychotherapy. She has also worked with her husband as a missionary in India.

Mike Frith, OSCAR's founder also based at Redcliffe, offers help and advice on re-entry issues. A number of the college community are available for advice and help in other areas.

Redcliffe can offer accommodation to anyone attending the college for these services.

Website: [www.redcliffe.org](http://www.redcliffe.org)  
Email: [mike@oscar.org.uk](mailto:mike@oscar.org.uk)  
Tel: 01452 308189

#### Sally Phillips

Sally has a Masters in Counselling and a Diploma in Clinical and Pastoral Counselling; is accredited as a Counsellor Practitioner with ACC and a member of the BACP. Trained in the EMDR approach also Debriefing within a Critical Incident Stress Management Framework. Working in several Asian countries over many years has given her special insights into cross cultural issues.

Website: <http://johnandsallyphillips.co.uk>  
Email: [sally@sandj.me.uk](mailto:sally@sandj.me.uk)  
Tel: 01444 482756

#### Services in Member Care

Available to meet needs and facilitate people in cross-cultural ministry. The main focus is on providing help to small missions groups, churches and individuals with selection and screening of candidates, training for small groups and debriefing those returning from ministry either on home assignment or at the end of an assignment. Please contact Susan Chalmers for further details.

Website: [www.servicesinmemcare.org](http://www.servicesinmemcare.org)  
Email: [servicesinmemcare@hotmail.co.uk](mailto:servicesinmemcare@hotmail.co.uk)  
Tel: 01777 707054

#### Bethany Ministries, Hong Kong

A member care organisation for Christians and their families serving the Lord. Committed to providing rest, encouragement and restoration through appropriate physical, emotional, spiritual and counselling care.more ...

Website: [www.bethanyministries.com](http://www.bethanyministries.com)  
Email: [enquiries@bethanyministries.com](mailto:enquiries@bethanyministries.com)  
Tel: ++ 852 2981 7114 (HONG KONG)

## **Budapest Care Center, Hungary**

We are a non-profit counseling service offering mental health services to Christian workers living in Europe, Russia and Central Asia. Our primary work is short-term intensive counseling for adults and couples seeking help for themselves. Depression, trauma, anxiety, marriage conflict and burnout are among the more common concerns that bring people to the Care Center seeking help.  
 Website: <http://budapestcare.com>  
 Email: [info@budapestcare.com](mailto:info@budapestcare.com)

## **Link Care**

This US based ministry runs a Missionary Restoration/Personal Growth Programme based in California. It is designed 'to meet the needs of missionaries and pastors having encountered difficulties in their fields of service, desiring to come to Link Care for a time of counseling, seeking to regain perspective on life and ministry'.  
 Website: [www.linkcare.org](http://www.linkcare.org)  
 Email: [info@linkcare.org](mailto:info@linkcare.org)  
 Tel: ++ 1 559 439 5920 (USA)

## **General Christian counselling services**

### **The Association of Christian Counsellors**

ACC is the national body in the UK for Christian counsellors. Through their site you can find professionally trained Christian counsellors in any area of the UK.  
 Website: [www.acc-uk.org](http://www.acc-uk.org)  
 Tel: 0845 124 9569

### **Connections Counselling Ltd**

A professional e-mail counselling service from accredited Christian counsellors at a reasonable price. We use email to counsel people around the world and help them find options for change and solutions to problems.  
 Website: [www.edotcounsellor.com](http://www.edotcounsellor.com)  
 Email: [info@connections-c.com](mailto:info@connections-c.com)  
 Tel: 01553 673628

### **CPMS (Counselling, Psychotherapy and Mediation Services)**

CPMS offers an integrated service that is designed to assist individuals and organisations facing personal, organisational and personnel related

challenges in the workplace and elsewhere.

CPMS mediators tend to work exclusively with Christian organisations, eg churches and para-church, and bring an understanding of and empathy with the Christian values that secular mediators cannot match.

Website: [www.cpms.org.uk](http://www.cpms.org.uk)  
 Tel: 0775 9475687

### **GHOBE Ministries**

GHOBE - God Heals Our Broken Emotions. A counselling & support ministry to assist those who are emotionally & sexually broken with the help of Jesus Christ. Affiliated with Exodus Europe & Exodus International.  
 Website: [www.ghobe.org.uk](http://www.ghobe.org.uk)  
 Email: [info@ghobe.org.uk](mailto:info@ghobe.org.uk)  
 Tel: 01463 226966

### **Maureen Poland**

I have been in the counselling profession since 1995. My practice is in Barnstaple, North Devon, offering face-to-face counselling in an environment of privacy and confidentiality. Clients come from GP surgeries, EAP providers, BUPA and by individual referral across Devon and Cornwall.  
 Website: [www.maureenpoland.co.uk](http://www.maureenpoland.co.uk)  
 Email: [maureen@maureenpoland.co.uk](mailto:maureen@maureenpoland.co.uk)  
 Tel: 01271 376710

### **Word And Spirit Intl Ministries - Jubilee**

Itinerant Christian prophetic preaching, teaching, healing and deliverance ministry. Seminars offered. American Missionary living in UK. Two-thirds of ministry is missions outreach to the third world nations. Confidential prophetic prayer counselling offered locally and abroad. Pastoral Care Member of Assoc of Christian Counsellors, UK. Ministry also to Pastors and leadership. Operates on free-will offerings only. Associated with Jubilee Intl World Outreach (AOG). Located in North Wales, UK.  
 Website: [www.wordandspirit-jubilee.co.uk](http://www.wordandspirit-jubilee.co.uk)  
 Email: [mburt.wordandspirit@yahoo.co.uk](mailto:mburt.wordandspirit@yahoo.co.uk)  
 Tel: 01492 622111

*More at:*

[www.oscar.org.uk/service/pastoral/counselling.htm](http://www.oscar.org.uk/service/pastoral/counselling.htm)